

Project proposal Art /Culture, Academic Year 25/26, Secondary Level I / II, Project duration Maxi and Mini, conducted by Linda Gruet

The course will be taught in English and is suitable for students from Grades 11 -12 with a fluent level of English.

Students from Grades 5-10 are only eligible for this course if they currently receive their tuition of all subjects in English.

The course content can be interwoven into the subjects Art or English.



Fashion and Sustainability – Rethink Your Clothing

This workshop is dedicated to clothing as a design product from various perspectives and is conducted by a fashion designer with 10 years of international experience in diverse fields of the fashion industry.

The student groups explore different aspects of fashion and collectively discuss ideas on how an ecologically sensible transformation of the fashion industry and textile consumption could be shaped through the interaction of producers, consumers, and politics.

Topics include:

- Clothing as a status symbol, beloved companion, or disposable product?
- Environmental impacts and social conditions of the fashion industry
- Fast Fashion - Slow Fashion; overconsumption, counter-concepts and alternative business models
- Representations of fashion in social media
- Future-oriented design that enables a true circular economy

A critical look at one's own relationship with clothing, the personal motivations behind textile consumption, and outlooks on future ideas related to this topic complement the theoretical part of the workshop.

- What needs are we satisfying when we buy clothes?
- Why do we feel better in certain garments than in others?
- What criteria elevate certain pieces to favourite items?

The practical part of the workshop begins with students creating a mood board collage reflecting their personal view of fashion.

Afterwards, they can choose from the following projects:

- Designing their own small capsule collection of versatile, mix-and-match pieces

- Designing and implementing a logo or an appliqué. Depending on grade level, skills, and interests, various forms of implementation are possible: for example, drawing, embroidery (e.g., cross-stitch for Minecraft figures), or collage.
- "Visible Mending" - The visibly displayed repair of a hole in a garment that the students bring with them. The stitches of Japanese Sashiko embroidery, which has been used for centuries to make fabric last longer, are easy to learn.

The exact modules of the course content for each group will be defined during the first session with the teacher for both the theoretical and the practical parts of the course.

Through insights gained from engaging with the topic, students will be empowered to manage their own textile consumption more consciously in the future and will therefore be able to contribute to a more mindful use of resources.